

Invitation to Dance
Saturday 10 October 2026
& Sunday 11 October 2026
Brussels

Dear dancers and lovers of dancing,

We are pleased to share with you two dance activities taking place on the same weekend in Brussels. You are welcome to attend either event — or both — according to your interest and availability.



Ballroom & Latin Dance Essentials - Slow Waltz
Saturday 10 Oct 2026 | 13:00-15:00
Lutgardis College,
Avenue de la Sablière 4-6
1160 Auderghem, Brussels

Ballroom & Latin Dance Essentials is a series of practical lessons developed with **Skylight Dance Club**, designed to help you learn the essential movements of a dance in a single 2-hour session.

Each lesson focuses on key steps that allow you to recognise the music and join the dance floor confidently at balls and social dance events. This approach is especially useful at Viennese-style balls, where a variety of dances are played.

- In March, we began with the **Slow Foxtrot** (Slowfox) — smooth, flowing, and effortlessly elegant.

- In April we continued with the **Quickstep**: fast, light, and joyful, often described as the feeling of floating across the floor.
- In May we explored Latin Basics & the **Cha-Cha-Cha** — playful, rhythmic, and full of energy.
- In June we continued with the **Rumba** — often referred to as the **Dance of Love** — where the same Latin foundations became slower, smoother, and more expressive.

On 10 October 2026, we return to the travelling ballroom dances with the **Slow Waltz** — graceful, flowing, and wonderfully romantic.

Although it evolved from the Viennese Waltz, the Slow Waltz has developed into a completely distinct dance with its own movement, character and feeling. It isn't simply a Viennese Waltz danced more slowly — nor can a Slow Waltz dancer turn it into a Viennese Waltz simply by speeding up.

This is your chance to experience the difference: moving together with your partner, rising and falling with the music, and enjoying that unmistakable feeling of sweeping across the floor.

Prior dance experience (any style) is recommended, but no advanced level is required. Partners and individual participants are welcome.

Dress code: No specific dress code but wear clothes you can easily move in (no tight skirts) and shoes that allow easy turning (no rubber soles).

Participation fee: €20 per person (2-hour lesson) by online booking.

❗ A minimum of 6 participants is required for this session to go ahead. If the minimum is not reached and the session is cancelled, participation fees will be fully refunded.

Reserve your place: [Ballroom & Latin Dance Essentials — 10 October 2026](https://thesocialdance.com/2026-10-10-ballroom-and-latin-dance-essentials/) (<https://thesocialdance.com/2026-10-10-ballroom-and-latin-dance-essentials/>).

If the event has to be cancelled due to unforeseen circumstances, all prepayments will be refunded.

Early booking is recommended as places are limited.



WALTZ & SOCIAL DANCE • BRUSSELS
11 OCTOBER 2026 • 14:00-18:00

Waltz & Social Dance
Sunday 11 Oct 2026 | 14:00-18:00
(5-minute walk from Merode metro station)
1040 Etterbeek, Brussels

This monthly gathering offers a refined Sunday afternoon of social dancing in an exceptional private ballroom near the Parc du Cinquantaire.

The programme alternates between guided instruction and free dancing:

- A 45-minute **Viennese waltz** session led by **Carolina & Christophe**, known for creating the opening dance choreographies for the Wiener Ball in Brussels, with a focus on compact and efficient movement suited to crowded dance floors.
- A second 45-minute session introducing a different social dance (such as **Polka**, **Quadrille**, or **Rock quatre-temps**), bringing variety to each event.

Dress code: Guests are kindly asked to dress elegantly (dress or long skirt for ladies; jacket and tie or bow tie for gentlemen). Leather-soled dance shoes are required to protect the historic parquet floor.

Participation fee: €30 per person by online booking.

! The exact address will be shared after registration and payment.

There is no minimum number of participants — the event will not be cancelled due to low registration numbers.

Reserve your place: [Waltz & Social Dance — 11 October 2026](https://thesocialdance.com/2026-10-11-waltz-and-social-dance/)
(<https://thesocialdance.com/2026-10-11-waltz-and-social-dance/>).

In case the event has to be cancelled due to unforeseen circumstances, all

prepayments will be refunded.
Early booking is recommended as places are limited.

Each activity is organised independently, with its own format and atmosphere, but both offer an opportunity to develop your dancing and enjoy time on the floor.

*Please kindly note the **different dress codes** for each event.*

We look forward to welcoming you!

Kind regards,
The Social Dance Events Team
[+32 483 38 91 29](tel:+32483389129)
+31 6 54 93 89 59

Information on upcoming Balls:

- Bal du Cercle Royal Gaulois, Brussels | 21 Nov 2026
- Ball of the Century, Palace of Versailles | 30 Nov 2026
- Wiener Ball, Brussels | 6 Feb 2027
- Valentine's Day Ball, Brussels | 13 Feb 2027
- Wiener Ball, Noordwijk aan Zee NL | 6 Mar 2027

Links to the websites of Balls are at the bottom of each online booking page.

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